

(Pages : 2)

L – 5496

Reg. No. :

Name :

Fourth Semester M.Sc. Degree Examination, March 2021

Home Science

X B – Family Resource Management

HS 243 B – APPLIED NUTRITION AND EXTENSION

(2018 Admission Onwards)

Time : 3 Hours

Max. Marks : 75

PART – I

All questions carry equal marks. No answer should exceed 4 pages.

1. (a) Elaborate on the various methods for assessing nutritional problems of the community.

OR

- (b) Suggest various techniques to enhance nutritive value of foods. What is the significance of imparting basic nutrition to improve the dietary practices of the community.

2. (a) Write on various forms of malnutrition.

OR

- (b) Explain the causes, symptoms and dietary management of any three mineral deficiencies.

(2 × 15 = 30 Marks)

P.T.O.



PART – II

All questions carry equal marks. No answer should exceed **2** pages.

3. (a) Examine the role of voluntary organisation in promoting community health with special reference to CSIR, NIN and ICMR.

OR

- (b) Define food adulteration. Explain the role of food laws to curb food adulteration.

4. (a) Elaborate on various Toxins in foods and Food contaminants.

OR

- (b) Discuss the importance of nutrition education for the community. Comment on principles of planning, executing and evaluating nutrition education.

(2 × 10 = 20 Marks)

PART – III

Write short notes on **any five** of the following, each not exceeding **1** page. All questions carry equal mark.

5. (a) Food additives
(b) UNRRA
(c) Objectives of applied nutrition programmes
(d) Marasmus and its manifestations
(e) Central health education bureaus
(f) Prevention of nutritional anaemia
(g) Functions of CFTRI.

(5 × 5 = 25 Marks)

